

zlēm[®]

sleep & slim



Is it possible to effortlessly lose weight while you sleep?

zlēm[®], pronounced [zleem], is a powerful natural supplement that helps your body enjoy quality sound sleep while supporting a renewed and holistic healthy state.



Supports Rejuvenated Mornings[†]



Supports Healthy Weight Management[†]



May Help Your Body Balance Serotonin Levels[†]



May Help Turn Down the Dial on Stress[†]



Improves Sleep Quality[†]



Enhances Nighttime Renewal[†]

zlēm[®] is a powerhouse formula of more than 20 ingredients designed to help you **fall asleep faster**, and **burn stored body fat** during your nighttime renewal.

Restful Sleep + Slimming Technology = New You in the AM

zlēm[®] gives you what you need for **better sleep** and a **renewed, lighter you!**

1

Stage 1

Deep detox, and lighter brighter mornings.



Stage 2

Relax, renew, rebalance and revive!

2

zlēm[®] is a unique blend of **advanced biohacking ingredients** that aid in restoring your body into a refreshed and healthy state. Both stages naturally assist in **deep relaxation** and healthy weight management by providing much of the benefits of rigorous exercise while you sleep. With its powerful cleansing effects, **Stage 1** helps your body **eliminate toxins**, while **Stage 2** continues to deliver

more **energized mornings**, a **healthy balanced state**, **robust immune system**, and a night of **more sound deep sleep**.

Our team of scientists developed this effective and state-of-the-art solution to assist you in achieving the healthy look and feel you've always wanted, all while you sleep.

Why is Sleep Important?

We've all heard that a good night's sleep is important. However, have you ever wondered why?

There are numerous reasons, including your health. First, lack of sleep is linked to lack of energy, weight gain, lack of concentration and productivity, even inflammation of the body. **Quality sleep is also critical to the body's ability in repairing itself, and in maintaining a robust immune system.** Once you get that full night's sleep, you feel lighter, rejuvenated, refreshed, and ready to take on the day!

Why is Healthy Weight so Hard to Maintain?

Our weight is affected by so many things; stress, mood, eating too much, our level of daily activity, and more. With our fast-paced, convenience-oriented lifestyle, it seems as if the odds of maintaining a healthy weight have been stacked against us, UNTIL NOW!

zlēm® was formulated with all of these in mind and includes a specialized ingredient that's been clinically **proven to provide your body the signal to burn fat**, which usually comes from rigorous exercise, making it a multi-faceted, highly unique and effective solution. Take back that slimmer, energetic you!

Did you Know?

“Epidemiological studies show that insufficient sleep is independently associated with a higher risk of obesity. Clinical studies of sleep-restricted adults show increased hunger and calorie intake.”

~Harvard University

Ingredients Made with You in Mind

| RED VELVET:

zlēm® stage 1	
Supplement Facts	
Serving Size: 1 Snap (15mL)	
Servings Per Container 7	
Amount Per Serving	%DV
Calories 30	
Total Carbohydrate 7 g	2%*
Sugar Alcohol 6 g	†
Niacin (as Niacinamide) 50 mg	313%
Calcium (as Calcium Amino Acid Chelate) 20 mg	2%
Magnesium (as Magnesium Citrate) 25 mg	6%
Melatonin 5 mg	†
Velovita Proprietary Body Sculpting Blend 1.8 g	†
<small>GABA (Gamma Aminobutyric Acid), MitoBurn® (L-B-Aminoisobutyric Acid), Senna Leaf Extract, L-Theanine, Cranberry Fruit Powder, Milk Thistle Extract, Ashwagandha Root Extract, Papain (Carica Papaya Extract), Organic Dandelion Root Extract, Organic Artichoke Extract, Lemon Balm Extract, Ginger Root Powder, Enzyme Blend (Amylase, Cellulase, Invertase, Papain, Protease, Lactase, Bromelain, Lipase, Maltase), Passion Flower Extract, Hops Flower Extract, Marshmallow Root Extract, Black Pepper Extract</small>	
* Percent Daily Values (DV) are based on a 2000 calorie diet	
† Daily Value (DV) not established	

OTHER INGREDIENTS: Sorbitol, Purified Water, Natural Flavor, Sea Salt, e-Polylysine (preservative), Rebaidioside M (Stevia Extract)

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MitoBurn® is a registered trademark of NNB Nutrition.

zlēm® stage 2	
Supplement Facts	
Serving Size: 1 Snap (15mL)	
Servings Per Container 18	
Amount Per Serving	%DV
Calories 10	
Total Carbohydrate 6 g	2%*
Sugar Alcohol 5 g	†
Vitamin C (as Ascorbic Acid) 90 mg	100%
Niacin (as Niacinamide) 50 mg	313%
Calcium (as Calcium Amino Acid Chelate) 20 mg	2%
Potassium (as Tri Potassium Citrate, Potassium Chloride) 200 mg	4%
Melatonin 5 mg	†
Velovita Proprietary Balance & Relaxation Blend 2.1g	†
<small>L-Citrulline, GABA (Gamma Aminobutyric Acid), MitoBurn® (L-B-Aminoisobutyric Acid), Green Tea (leaf) Extract, L-Theanine, Cranberry Fruit Powder, Beet Root Powder, Organic Artichoke Extract, Apple Cider Vinegar, Milk Thistle Extract, Papain (Carica Papaya Extract), Organic Dandelion Root Extract, Ashwagandha Root Extract, Enzyme Blend (Amylase, Cellulase, Invertase, Papain, Protease, Lactase, Bromelain, Lipase, Maltase), Lemon Balm Extract, Passion Flower Extract, Marshmallow Root Extract</small>	
* Percent Daily Values (DV) are based on a 2000 calorie diet	
† Daily Value (DV) not established	

OTHER INGREDIENTS: Purified Water, Erythritol, Sorbitol, Natural Flavor, Rebaidioside A (Stevia Extract), Malic Acid, e-Polylysine (preservative), Rebaidioside M (Stevia Extract)

INSTRUCTIONS TO Rest and Repair with zlēm®!

1 Choose from Two Delicious Flavors:



Red Velvet



Chocolate Strawberry

Use the whole box per instructions.

Stage 1



Use the first seven days.

Stage 2



Finish the box with 1 a night.

2 Snap and squeeze directly into your mouth or dilute in 4 oz. of water if preferred.



3 For best results, take 30 minutes prior to bedtime, and then take brān® in the morning. Store at room temperature to preserve freshness.

SCAN FOR MORE



INFORMATION



NON GMO



GLUTEN FREE



VEGAN



KETO-FRIENDLY



DAIRY FREE

WARNING: Before taking any dietary supplement or undertaking any diet, fitness or exercise plan, you should always consult your medical provider. If you are under medical supervision for any allergy, disease, taking prescription medications, or you are breastfeeding, contact your medical provider before adding any new supplements to your daily regimen.